

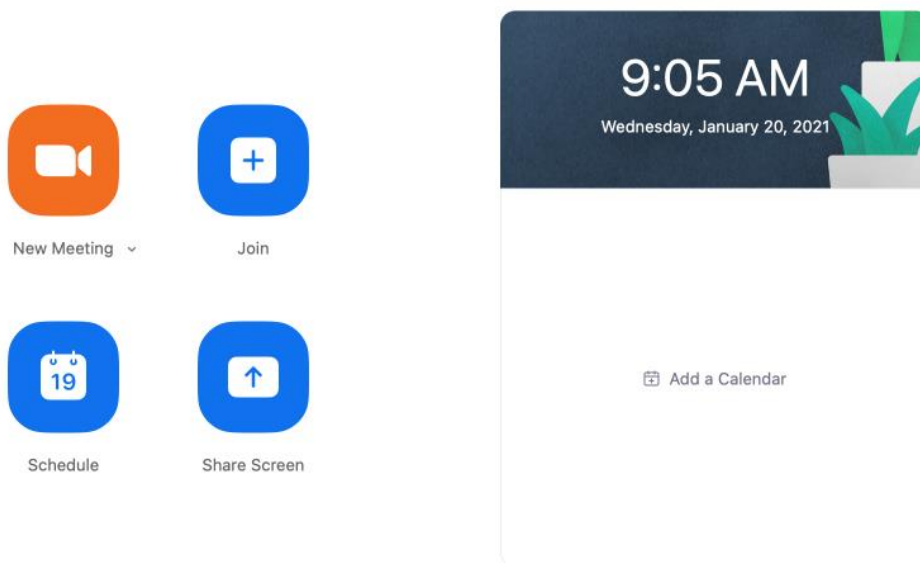
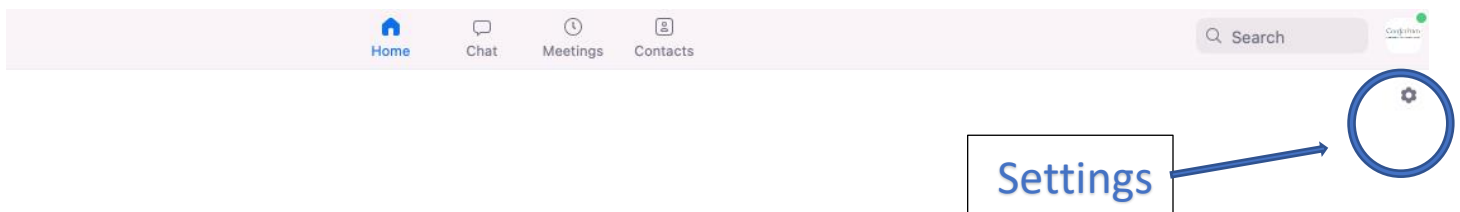
# Using Zoom as a screen recorder for Presentations

Zoom is a free program that can easily be used as a screen recording tool.

To download the Zoom application click [here](#).

If you choose to use Zoom's built-in and effective recording feature you will need to do the following to achieve the best results.

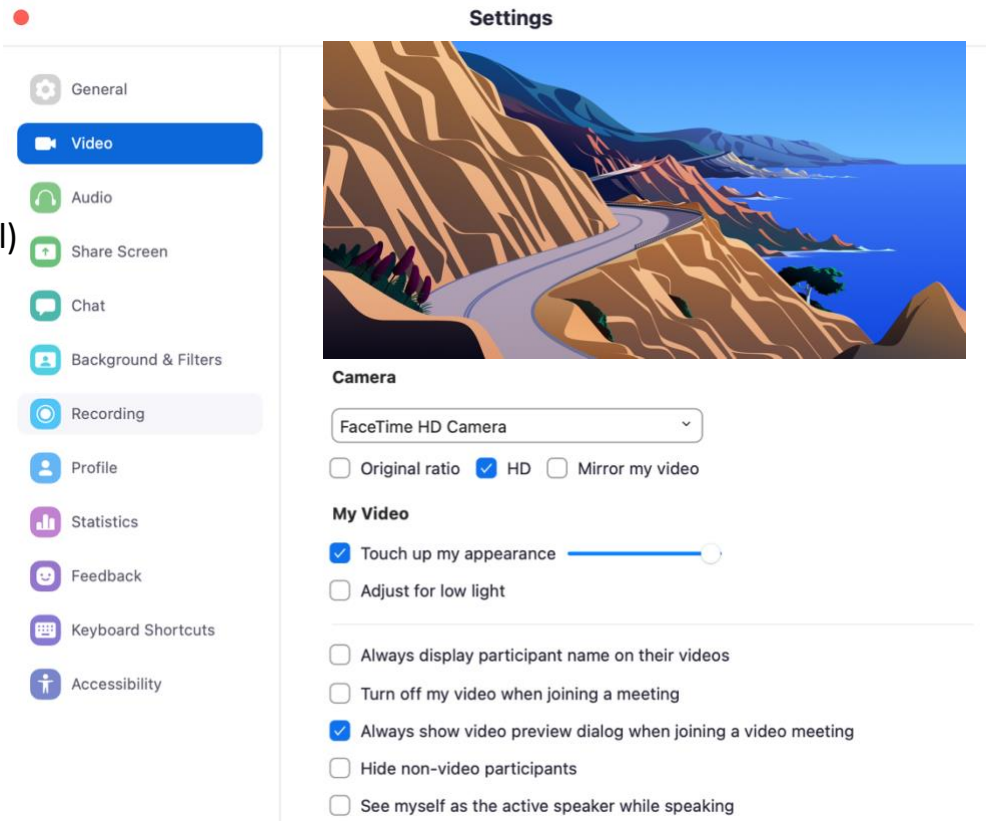
Toggle on a few different settings in the Zoom desktop app preferences panel.



## Setting > Video

Click on these options:

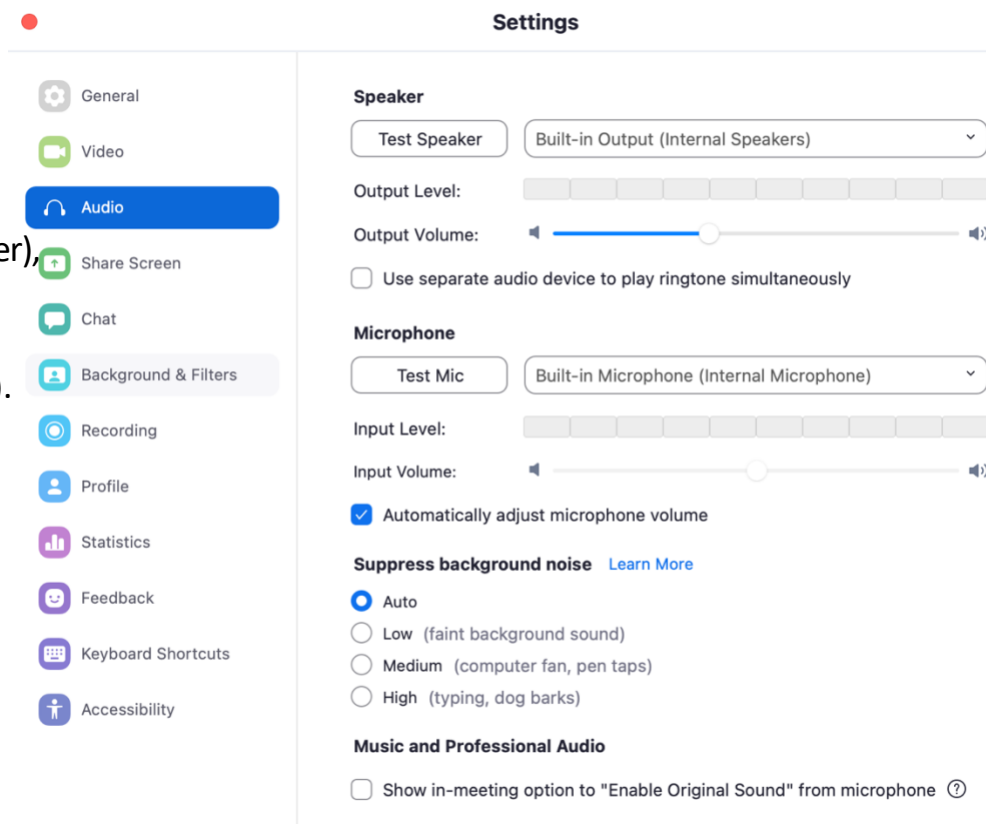
- Enabled HD
- Touch up my appearance (Optional)
- Always show video preview



The screenshot shows the Zoom Settings application with the 'Video' section selected in the left-hand menu. The main content area is titled 'Settings' and features a background image of a winding road through a mountainous landscape. Under the 'Camera' section, the 'FaceTime HD Camera' is selected in a dropdown menu. Below this, there are three options: 'Original ratio' (unchecked), 'HD' (checked), and 'Mirror my video' (unchecked). The 'My Video' section contains several options: 'Touch up my appearance' (checked with a slider), 'Adjust for low light' (unchecked), 'Always display participant name on their videos' (unchecked), 'Turn off my video when joining a meeting' (unchecked), 'Always show video preview dialog when joining a video meeting' (checked), 'Hide non-video participants' (unchecked), and 'See myself as the active speaker while speaking' (unchecked).

## Setting > Audio

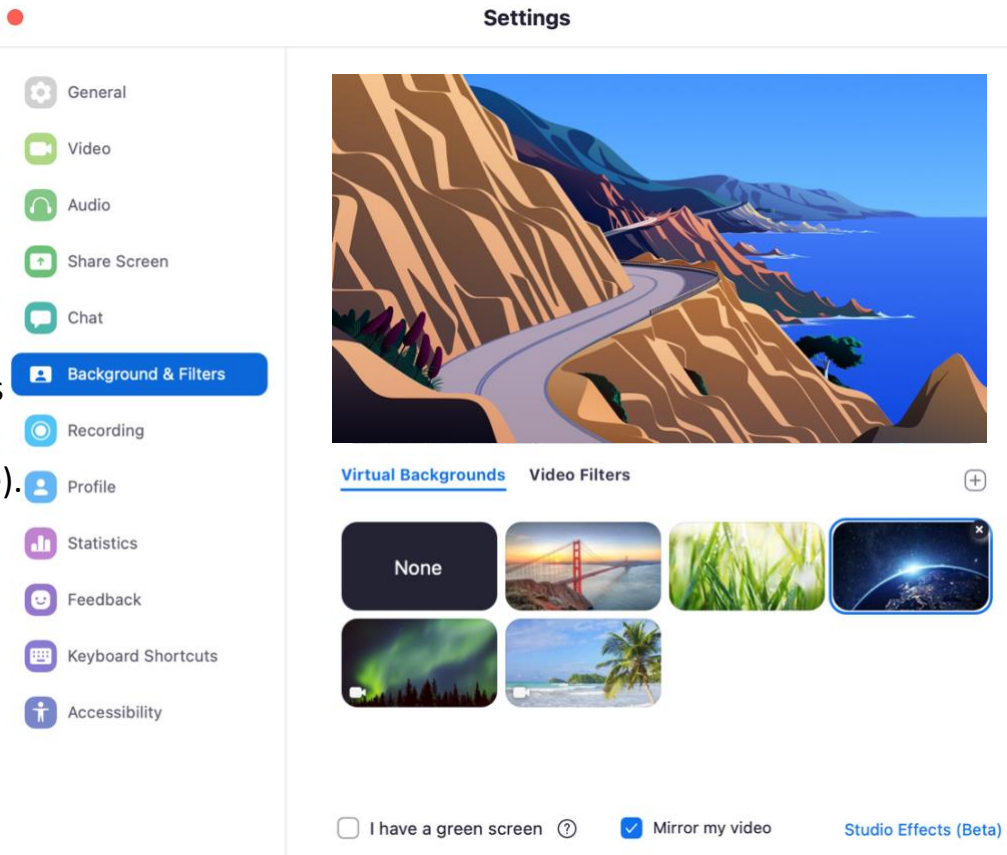
- Check that your microphone works properly. It is recommended to use a microphone (other than the one on your computer), but make sure you do not adjust the volume too high otherwise your audio will be bad (saturation). You can test in the audio section before you start recording.



The screenshot shows the Zoom Settings application with the 'Audio' section selected in the left-hand menu. The main content area is titled 'Settings' and features a background image of a winding road through a mountainous landscape. Under the 'Speaker' section, there is a 'Test Speaker' button and a dropdown menu set to 'Built-in Output (Internal Speakers)'. Below this are 'Output Level' and 'Output Volume' sliders, and an unchecked option for 'Use separate audio device to play ringtone simultaneously'. The 'Microphone' section includes a 'Test Mic' button and a dropdown menu set to 'Built-in Microphone (Internal Microphone)'. Below this are 'Input Level' and 'Input Volume' sliders, and a checked option for 'Automatically adjust microphone volume'. The 'Suppress background noise' section has a radio button selected for 'Auto', with other options for 'Low (faint background sound)', 'Medium (computer fan, pen taps)', and 'High (typing, dog barks)'. The 'Music and Professional Audio' section has an unchecked option for 'Show in-meeting option to "Enable Original Sound" from microphone'.

## Setting > Background & Filters

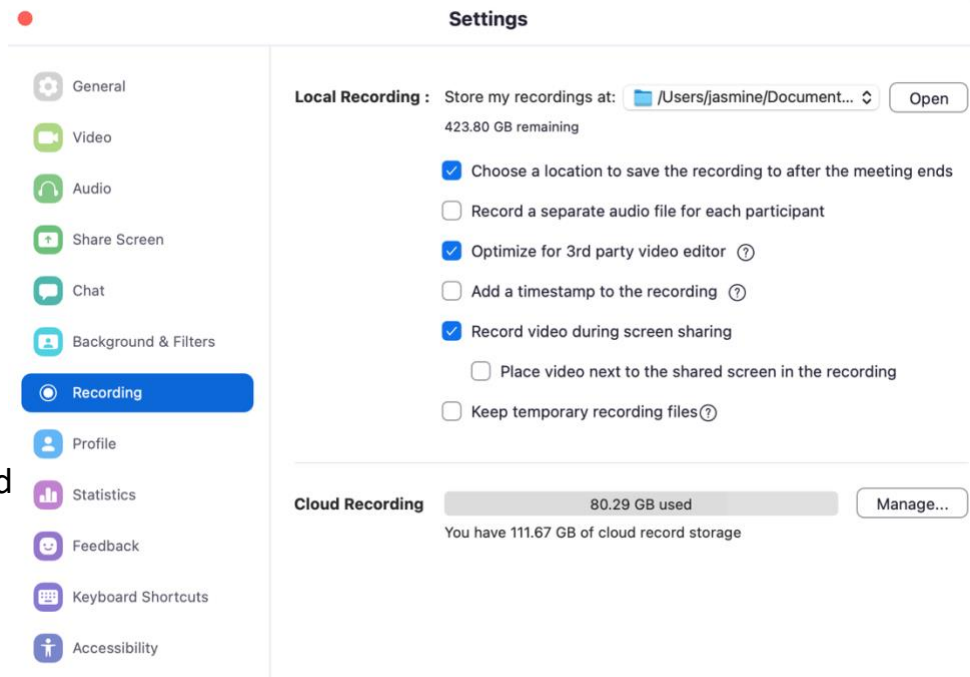
- Choose a wallpaper/virtual Background or select "None".
- You can add other funds screen by clicking on the small icon + to fetch a saved file on your computer (the organizers of events sometimes offer them, they will provide you with the file).
- Note: the ideal format for a wallpaper in Zoom is 1920 x 1080 pixels, in jpeg



## Setting > Recording

Click on these options:

- Optimize for 3rd party video editor
- Record video during screen sharing
- By default, on a Mac and PC Zoom stores your recording files in the current user's document's directory: example - /Jonny/Documents/Zoom
- You can change the location if desired



Once you have your settings the way you would like, click the

## New meeting icon



New Meeting ▾

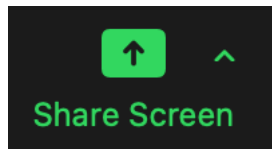
## Join with computer Audio

Join with Computer Audio

Test Speaker and Microphone

You can also now test the speaker and microphone if you haven't already done so.

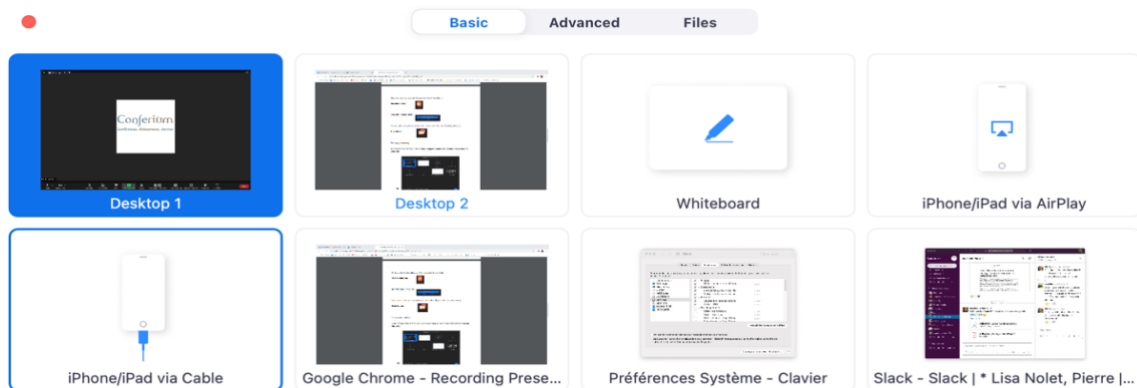
## Share Screen



To include a PowerPoint presentation or other visual support to your presentation:

## Choose your desktop

At the bottom of that screen check 'share sound' and 'optimize for video clip'

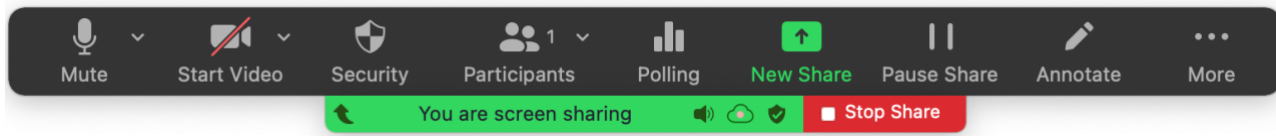


Share sound  Optimize for video clip

Share

Click **Share**

Hover your mouse over the green recording strip and this menu will appear.

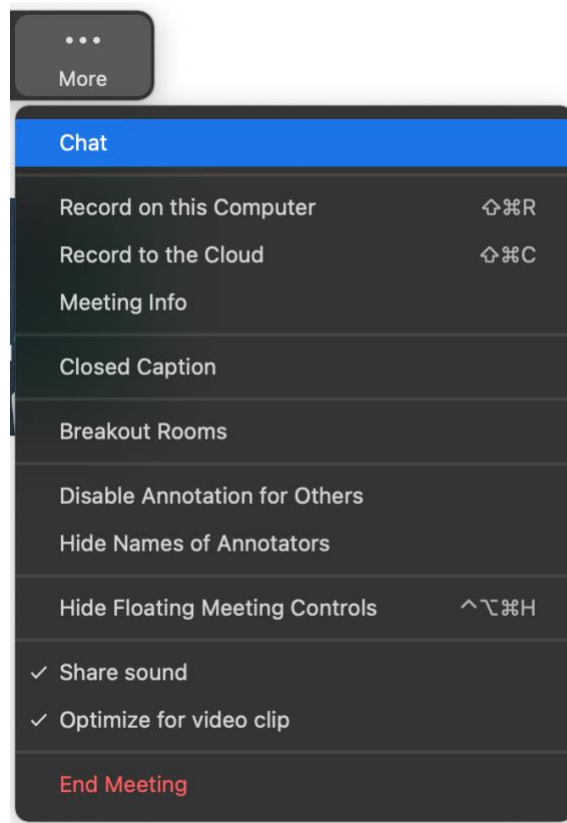


Explore the menu to become familiar with the options

Click **Start Video** to include a video of yourself via webcam.

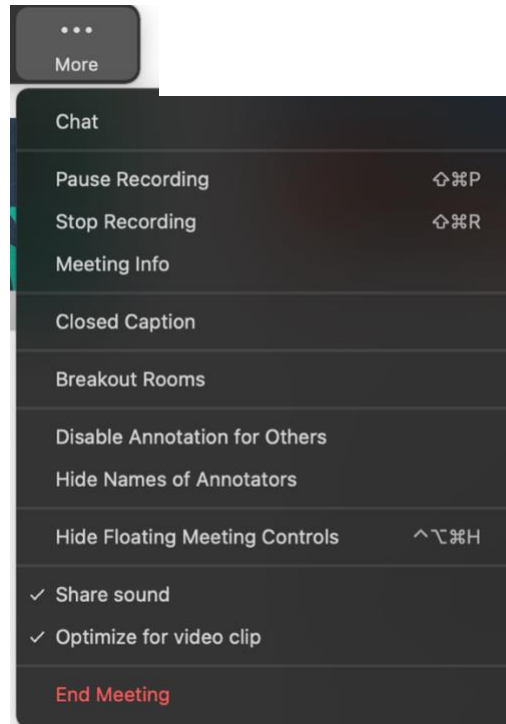
Test out the Annotate button and options, you can draw, use stamps, clear your screen etc.

Under the ellipses (... **More**) you will find the '**Record**' button. Once you click this your presentation recording will be under way. Take a few moments to try a few tests runs and ensure that the program is working the way you want it to.



If you will be pulling up more than one window (visuals support) during the presentation it will be helpful to have those extra screens or documents open, but minimized, to ensure a smooth transition.

Within the same '... **More**' menu, you will also see a **Pause Recording** option. Use this to gather your thoughts if needed, or to pull up a new window, or to grab a quick drink.



Once you have finished recording

**Stop Recording (button menu '... More')**

**Stop Share**

**End**

**End Meeting For All**

A window will appear to let you know that Zoom is converting your recording. Once converted (this may take some time depending on the length of the recording) a window will ask you where to save the recording, this is up to you, just be sure to note the location for later.

Click **Save**

The file **.mp4** is the important one. You can click on it to watch your recording.

Once you are satisfied with your video, save your file naming it according to your abstract reference number (that looks like 214-????-???)

You can now upload that file to our server by clicking the following link:

[https://www.conferium.com/convPages/conv\\_214.lasso?papermanagement=true&lang=en](https://www.conferium.com/convPages/conv_214.lasso?papermanagement=true&lang=en)

Use your reference number and access code provided by the Conference Secretariat to access your abstract file.

To get more information please contact:

[bl2021@conferium.com](mailto:bl2021@conferium.com)